

Supervision, Ethics & Self Training

Presented by Heather Maritano, LCSW, RPT-S

“Distinctions between professional development and personal growth are at best arbitrary and meaningless; at worst they are insidious and lead to a level of incongruence which I cannot see as healthy or effective” Worrall, L. AAMFT Supervisor Training

30 Hours Total Breakdown

2.5 On your own reading: Read ALL materials on the APT Website Research & Practice Tab (Evidence based statements, SAMHSA, Best Practices articles) and Additional Play Therapy Supervision article to be sent upon registration. Be prepared to discuss.

2 on Thursday

9.5 on Friday & Saturday

3 on Sunday

3.5 Final Paper to be submitted, on own schedule

Thursday

Arrive any time after 5:30, kitchen available

6:30 -8:30 opening session & dessert (dinner not included)

Friday & Saturday –while long, these days have variety and shifts enough to sustain energy.

8:00-9:00 Breakfast available, be settled to start promptly at 9

9:00-12:15 Session, includes 15 min break

12:15-1:15 Lunch & Discussion

1:15-4:15 Session, includes 15 min break

4:15-5:45 Self-care time

5:45-6:30 Session

6:30-7:30 Dinner & Discussion

7:30-8:30 Session

Sunday

8:00-9:00 Breakfast available, be settled to start promptly at 9

9:00-12:15 Session, Brunch & Closing discussion

Pack up and say goodbye

Core Content Areas That Will Be Covered:

Attitudes toward play

Definition of supervision

Motivation to supervise, self-reflections on professional identity and experiences with supervision

Models, theories & techniques of supervision

Personal theory of play therapy & personal theory of supervision

How play therapy supervision is distinct from general clinical supervision

Translation and fluency in play therapy

Clinical and administrative supervision distinctions

Tasks of supervision, role of supervisor

Gatekeeping of profession, responsibilities to APT

Ethics and Liability issues including technology, touch, vicarious liability, law versus ethics, mandatory reporting

Process of supervision: boundaries, dual relationships, transference, contracts & forms

Cultural sensitivity & multi-cultural competency

Self-care as supervisory issue, vicarious trauma, burnout, ethical aspects of self-care

Staying current with professional issues

Case examples and playful approaches

Supervision of Supervision

